

HOT TOPICS

Package Pricing Program

Dr. Monesmith, working with the Indiana Orthopaedic Hospital (IOH), has developed a package pricing program for primary hip and knee replacement, as well as partial knee replacement. This program offers a unique option of payment for our international patients, or those who choose to seek care outside of traditional insurance programs. We offer a single price that covers preoperative testing, hospital care and postoperative follow-up care. Physicians fees, implant costs, medicines and even necessary durable medical equipment are covered in this one price. Because we are a single specialty hospital, we can offer world class orthopaedic services at very competitive rates. For more information, please contact Dr. Monesmith's office directly.

New Surgical Pain Management Techniques

Always looking for ways to improve the postoperative experience and improve patient outcomes, Dr. Monesmith utilizes a "multimodal" pain management protocol for all knee and hip replacement patients. This protocol begins with preoperative medications taken one to two days prior to surgery to help stop pain before it begins.

gists will use nerve blocks specifically designed for either a hip or knee replacement to keep you comfortable. Then, medicines to limit postoperative nausea and vomiting, and multi-modal pain medications are used to treat different pain pathways after surgery. Put together, this protocol is helping patients feel better and have less pain at the same time.

Minimally Invasive Hip and Knee Replacement

There has been intense patient interest regarding "minimally invasive" joint replacement surgery recently, much of it media generated. While there is no universally agreed upon definition of what "minimally invasive" means, many surgeons claim to be using it. Both Drs. Monesmith and Kolisek have worked to reduce incision length and tissue trauma during joint replacement, making these operations less invasive to the body. The goal is to hasten short term recovery, while maintaining longevity and long term success of these operations. Studies are ongoing to determine whether these minimally invasive techniques produce better outcomes or are simply cosmetic.



Post-operative room at IOH.